

Allergen Information:

key:

n = the allergen not in this product
m = the allergen not in this product, but the product is made in our factory where we process that allergen.

y = yes this product contains the allergen shown.

	Celery	Cereal containing gluten	Crustaceans	Eggs	Fish	Lupin or products thereof	Milk or milk derivatives	Molluscs and products thereof	Mustard	Nuts / Nut Oil or Nut Derivatives	Peanuts	Sesame Seeds	Soybeans	SO2 / sulphites at >.001%	Mushrooms * not an FSA allergen	Potato * not an FSA allergen	Tomato * not an FSA allergen	Salt (not an allergen, for info only)	Sugar (not an allergen, for info only)
Organic Almond Butter	m	m	n	n	n	n	n	n	m	y	m	m	m	n	n	m	m	m	n
Organic Cashewnut Butter	m	m	n	n	n	n	n	n	m	y	m	m	m	n	n	m	m	m	n
Organic Hazelnut Butter	m	m	n	n	n	n	n	n	m	y	m	m	m	n	n	m	m	m	n
Organic Mixed Nut Butter	m	m	n	n	n	n	n	n	m	y	m	m	m	n	n	m	m	m	n
Organic Peanut Butter	m	m	n	n	n	n	n	n	m	m	y	m	m	n	n	m	m	m	n
Organic Pumpkin Seed Butter	m	m	n	n	n	n	n	n	m	m	m	m	m	n	n	m	m	y	n
Organic Sesame Seed Butter	m	m	n	n	n	n	n	n	m	m	m	y	m	n	n	m	m	m	n
Organic Sunflower Seed Butter	m	m	n	n	n	n	n	n	m	m	m	m	m	n	n	m	m	m	n
Organic Raw Almond Butter	m	m	n	n	n	n	n	n	m	y	m	m	m	n	n	m	m	m	n
Organic Raw Apricot Kernel Butter	m	m	n	n	n	n	n	n	m	y	m	m	m	n	n	m	m	m	n
Organic Raw Brazilnut Butter	m	m	n	n	n	n	n	n	m	y	m	m	m	n	n	m	m	m	n
Organic Raw Hempseed Butter	m	m	n	n	n	n	n	n	m	m	m	m	m	n	n	m	m	m	n
Org Raw Hemp and Linseed Butter	m	m	n	n	n	n	n	n	m	m	m	m	m	n	n	m	m	m	n
Org Raw Macadamia Nut Butter	m	m	n	n	n	n	n	n	m	y	m	m	m	n	n	m	m	m	n
Org Raw Premium Mix Seed Butter	m	m	n	n	n	n	n	n	m	m	m	y	m	n	n	m	m	m	n
Org Raw Pr M Seed Btrr Barley Grs	m	y	n	n	n	n	n	n	m	m	m	y	m	n	n	m	m	m	n
Organic Raw Pecan Butter	m	m	n	n	n	n	n	n	m	y	m	m	m	n	n	m	m	m	n
Org Raw Prem Pumpkin Seed Btrr	m	m	n	n	n	n	n	n	m	m	m	m	m	n	n	m	m	m	n
Organic Raw Rainforest Nut Butter	m	m	n	n	n	n	n	n	m	y	m	m	m	n	n	m	m	m	n
Organic Light Raw Tahini (fair tr)	m	m	n	n	n	n	n	n	m	m	m	y	m	n	n	m	m	m	n
Organic Dark Raw Tahini (fair tr)	m	m	n	n	n	n	n	n	m	m	m	y	m	n	n	m	m	m	n
Organic Raw Walnut Butter	m	m	n	n	n	n	n	n	m	y	m	m	m	n	n	m	m	m	n
Organic Raw White Almond Butter	m	m	n	n	n	n	n	n	m	y	m	m	m	n	n	m	m	m	n
Org Raw Choce & Almond Sprd	m	m	n	n	n	n	n	n	m	y	m	m	m	n	n	m	m	m	n
Org Raw Choc & Hempseed Sprd	m	m	n	n	n	n	n	n	m	y	m	m	m	n	n	m	m	m	n
Organic Raw Choc & Sesame Sprd	m	m	n	n	n	n	n	n	m	m	m	y	m	n	n	m	m	m	n
Org Raw Choc & Tropical Nut Sprd	m	m	n	n	n	n	n	n	m	y	m	m	m	n	n	m	m	m	n
Organic Spicy Roasted Almonds	m	m	n	n	n	n	n	n	m	y	m	y	y	n	n	m	m	y	n
Organic Spicy Roasted Cashews	m	m	n	n	n	n	n	n	m	y	m	y	y	n	n	m	m	y	n
Organic Spicy Roasted Mixed Nuts	m	m	n	n	n	n	n	n	m	y	m	y	y	n	n	m	m	y	n
Org Apple & Sultana Chutney	m	m	n	n	n	n	n	n	m	m	m	m	m	n	n	m	m	m	n
Organic Piccalilli	m	m	n	n	n	n	n	n	m	m	m	m	y	n	n	m	m	m	n
Organic Red Onion Marmalade	m	m	n	n	n	n	n	n	m	m	m	m	m	n	n	m	m	m	n

Allergen Information:

key:

n = the allergen not in this product
 m = the allergen not in this product, but the product is made in our factory where we process that allergen.

y = yes this product contains the allergen shown.

	Celery	Cereal containing gluten	Crustaceans	Eggs	Fish	Lupin or products thereof	Milk or milk derivatives	Molluscs and products thereof	Mustard	Nuts / Nut Oil or Nut Derivatives	Peanuts	Sesame Seeds	Soybeans	SO2 / sulphites at > .001%	Mushrooms * not an FSA allergen	Potato * not an FSA allergen	Tomato * not an FSA allergen	Salt (not an allergen, for info only)	Sugar (not an allergen, for info only)
Organic Tomato Relish	m	m	n	n	n	n	n	n	m	m	m	m	m	n	n	m	m	m	n
Organic Preserved Lemons	m	m	n	n	n	n	n	n	m	m	m	m	m	n	n	m	m	y	n
Org Cornish Honey Grain Mustard	m	m	n	n	n	n	n	n	y	m	m	m	m	n	n	m	m	m	n
Organic English Mustard	m	m	n	n	n	n	n	n	y	m	m	m	m	n	n	m	m	m	n
Org Aloo Gobi Curry	m	m	n	n	n	n	n	n	y	y	m	m	y	n	n	y	m	m	n
Org Dahl Curry rst butternut squash	m	m	n	n	n	n	n	n	y	y	m	m	m	n	n	m	m	y	n
Org Chickpea Curry	m	m	n	n	n	n	n	n	y	y	m	m	y	n	n	m	m	m	n
Organic Three Bean Chilli	m	m	n	n	n	n	n	n	y	m	m	m	m	n	n	m	m	y	n
Organic Sweet & Sour Vegetables	m	m	n	n	n	n	n	n	y	m	m	m	m	n	n	m	m	y	n
Organic Apple Purée	m	m	n	n	n	n	n	n	m	m	m	m	m	n	n	m	m	m	n
Organic Apple & Mango Purée	m	m	n	n	n	n	n	n	m	m	m	m	m	n	n	m	m	m	n
Org Pumpkin & Lentil Soup	m	m	n	n	n	n	n	n	m	m	m	m	y	n	n	m	m	y	n
Org Tomato & Lentil Soup	m	m	n	n	n	n	n	n	m	m	m	m	y	n	n	m	y	y	n
Organic Red Onion & Hazel Spread	m	m	n	n	n	n	n	n	y	y	m	m	y	n	n	m	y	m	n
Organic Carrot & Almond Spread	m	m	n	n	n	n	n	n	y	y	m	m	y	n	n	y	m	m	n
Organic Sweet Red Pepper Spread	m	m	n	n	n	n	n	n	y	y	m	m	y	n	n	m	y	m	n
*Organic Hummus	m	m	n	n	n	n	n	n	m	m	m	y	m	n	n	m	m	y	n
*Organic Hummus ~Roasted Spice	m	m	n	n	n	n	n	n	m	m	m	y	m	n	n	m	m	y	n
*Organic Hummus ~Red Peppers	m	m	n	n	n	n	n	n	m	m	m	y	m	n	n	m	m	y	n
*Organic Coriander & Walnut Pesto	m	m	n	n	n	n	n	n	m	y	m	m	m	n	n	m	m	m	n
*Organic Pesto	m	m	n	n	n	n	n	n	m	y	m	m	m	n	n	m	m	m	n
*Organic Red Pesto	m	m	n	n	n	n	n	n	m	y	m	m	m	n	n	m	y	m	n
*Organic Rocket Pesto	m	m	n	n	n	n	n	n	m	m	m	m	m	n	n	m	m	m	n
*Organic Garlic Purée	m	m	n	n	n	n	n	n	m	m	m	m	m	n	n	m	m	m	n
Organic Granola	m	y	n	n	n	n	n	n	m	y	m	y	m	n	n	m	m	m	n
Organic Muesli	m	y	n	n	n	n	n	n	m	y	m	m	m	n	n	m	m	m	n
Organic Seville Marmalade	m	m	n	n	n	n	n	n	m	m	m	m	m	n	n	m	m	m	y
Organic Six Mix Citrus Marmalade	m	m	n	n	n	n	n	n	m	m	m	m	m	n	n	m	m	m	y
Org Seville Marmalade w Ginger	m	m	n	n	n	n	n	n	m	m	m	m	m	n	n	m	m	m	y
Organic Seville Orange Spread	m	m	n	n	n	n	n	n	m	m	m	m	m	n	n	m	m	m	n